

Peninsula Equine Medical Center

Equine Health Line

April 2010

Online Pharmacy

Our online pharmacy is up and running! Please visit our website at www.peneq.com.

Thank You, CA Dressage Society!

PEMC staff enjoyed hosting the CDS meeting at our clinic February 20th! We had great questions and discussions regarding performance management of sport horse athletic injuries. It was a wonderful opportunity for young and old alike to discuss health, performance and training topics. PEMC extends an invitation to other horse organizations to participate in meetings and horse owner seminars onsite throughout 2010! Call Amanda at our front desk for inquiries on scheduling. We look forward to hosting you and yours!



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Say Ahhhhhhhhhhhhhhhhhhhhh

Regular dental examinations and "floating" are important in the up-keep of a healthy mouth. Identifying any problems early makes treatment easier on the horse and on your wallet. A horse that can chew its feed properly will waste less of it, get more nutrient value from it and be less likely to choke or colic. Oral discomfort can also translate into performance problems and unwillingness to accept the bit.

What used to be done with hand tools and brute strength is now largely done with power tools, which can make the process faster, more effective and easier on both the horse and the veterinarian. PenEq has several veterinarians who are highly skilled in the art of equine dentistry and undergo regular advanced CE training in oral management, including Dr. Bart Halsberghe and Dr. Sinead Devine. In addition, be aware that non-veterinarian or so called "lay-dentists" are prohibited by law from performing dentistry, upon horses and recent legal battles



have brought this issue to a head. EVEN when accompanied by a DVM, there are both liability issues and equine insurance company exclusions which may affect your horse's health, safety and insurance coverage if dentistry is performed by these individuals. If you horse has not had an oral exam recently, please call to schedule an appointment today!



From the office

Congratulations to ALL our clients and their steeds who are returning from Thermal or Murietta horseshows! Have a Happy Easter holiday and best of luck for the rest of 2010!

Peninsula Equine Medical Center

Lecture Series at Gilroy Gaits

Dynamic Scope,
Dr. Tom Yarbrough &
Nutrition, Dr. Amy Gill

Dr. Bart Halsberghe, in conjunction with the staff at PenEq, has spear-headed a series of lectures designed to provide continuing education for PEMC clients at our satellite clinic at Gilroy Gaits. **Saturday March 27th**, we kick off the series with "Happy tummy, Happy horse, Maintaining a happy gastrointestinal tract." This month, in collaboration with Los Laureles Rehab Center, Dr. Amy Gill is coming from Lexington, KY to talk about equine nutrition. She will be presenting two clinics, one starting at 10 AM for clients, followed by a more in depth lecture for referring veterinarians in the afternoon. Over the lunch hour, Dr. Yarbrough will provide a presentation and demo of "dynamic video endoscopy." This exciting new diagnostic modality allows actual airway endoscopy to be performed while the horse is ridden. This service is now available at PEMC!

Upcoming Events

Saturday, April 24, 2010
Gilroy Lecture Series: Nutrition and Dynamic Scope by Dr. Gill and Dr. Yarbrough
Gilroy Gaits

Tuesday, May 18, 2010
Client info night on deworming
PEMC

Saturday, May 22, 2010
Gilroy Lecture Series: Joint disease by Dr. Halsberghe
Gilroy Gaits

More details at www.peneq.com

What is Zylexis?

Zylexis is an immunomodulator which consists of an inactivated parapox virus. It was designed to aid in reducing upper respiratory disease caused by equine herpes virus 1 and 4. Zylexis works by preparing the horse's cell-mediated immune system, in advance, to function more efficiently against equine herpes virus (EHV) types 1 and 4 pathogens and is offered specifically as an aid in reducing upper respiratory disease caused by these viruses. Immunomodulators, like Zylexis, act to up-regulate the horse's resistance to infectious agents and help to reduce the severity of upper respiratory symptoms the horse will suffer if it is exposed to stress or contagious horses. By keeping symptoms under control, owners may lose MUCH LESS of their valuable training and competition time. Zylexis is currently 10% off at PenEq for the months of March and April. If your horse is shipping, showing or exposed to contagious horses, please contact your favorite PenEq veterinarian for advice on whether Zylexis is right for you!

Baby on the way?

A new foal can be stressful and exciting, but taking steps to prepare for a safe and successful delivery can minimize stress and maximize excitement. If your mare has made it through 11 months of pregnancy, you are almost home free. Labor and delivery, while momentous, are generally uncomplicated. While you should make every effort to be present during foaling, most often you only need to be a quiet observer. However, it is also advisable to have a veterinarian's phone number handy should a



problem arise. Video monitors, foal alert systems and night-time observers can help to notify you when your mare is about to foal.

Knowing the stages of labor and the normal progression can assist you in identifying problems quickly. There are three stages of labor. Stage one begins with the onset of contractions. It usually lasts one to two hours. It is not uncommon for the mare to stand up and lie down, or even roll several times in an effort to properly position the foal for delivery. Stage one ends with the rupture of the allantoic membrane, commonly known as "water breaking." Stage two is the actual expulsion of the foal. **If it takes more than 30 minutes, there is most likely a problem!** If there is no significant progress within 10-15 minutes of the



water breaking, call your veterinarian IMMEDIATELY! Stage three is the phase during which the placenta is expelled. It should pass in 1-3 hrs. If it has not passed within 2-3 hrs, call your veterinarian as a retained placenta is a serious complication. If you are expecting a foal this season, contact your PenEq veterinarian to discuss further how to best prepare for the arrival of your little one.

Tip of the Month: Things to remember parasite resistance

- ✓ **Resistance is a real threat.** With no new products on the horizon, it's important to start protecting our ability to control parasites by keeping current products effective.
- ✓ **A few worms are OK.** In the past, the goal of parasite control programs was to completely eliminate all parasites. Today's programs should be focused on reducing transmission, keeping worm burdens low and treating clinically affected horses.
- ✓ **Get the information.** Regular fecal egg counts will help you and your veterinarian establish a protocol best suited for your horse. Call PenEq to set up an appointment today!

Tuesday, May 18th PenEq is hosting a lecture on parasite control. Drop off a fecal from your horse the week before and receive FREE results the night of the talk! Stay tuned for more information!