

Equine Health Line

June 2009

Online Pharmacy

Our online pharmacy is up and running! Please visit our website at www.peneq.com.

You will find prescription and non-prescription products, such as Gastrogard, Adequan, Legend, Vetwrap, and dewormers, at prices competitive with online pharmacies. Free shipping on orders over \$39! You will need to request a login & password the first time you visit us!

YOUR Photos & Events

We would love your photos for our client section on our website!

We will also select a client horse picture every month for the newsletter!

Please email us at web@peneq.com

with your upcoming events, stories, and pictures!



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Improving rate of healing and long-term prognosis for tendon/ligament injuries.

During the past few years, great progress has been made with assessment and treatment of soft tissue injuries in the horse. Old programs of endless stall confinement have been largely replaced with newer therapeutic protocols coupled with dynamic rehabilitation programs hinging upon repeat assessments of the specific injury's healing progress. Critical to the success of returning a horse from tendon/ligament injuries is the accurate ultrasonographic diagnosis and assessment of the severity of the injury; the amount of fiber damage and degree of compromise of biochemical function of the structure involved. Once the degree of damage is determined, a vast array of therapeutic approaches is now available. "Regenerative Therapy" is a broad term encompassing stem cells, platelet-rich-plasma, IRAP, and other scaffold-functioning products to mention a few. Their use in conjunction with other modalities of physical therapy with rehabilitation exercise has dramatically improved both injury recovery rate and overall prognosis to return to the previous level of performance! No single product or component of this therapeutic process is, however, a stand alone panacea; it is a function of the COMBINED benefits of U/S diagnosis + healing progress assessment + injury appropriate therapy + individually guided rehabilitative return to exercise which leads to our mutual goal of our horse's healthy and sound return to performance subsequent to these previously debilitating injuries.



From the Office

Sign up for our monthly auto-payment service and we'll debit your credit card after each monthly billing in which you have an outstanding balance. Once your payment is processed we attach your receipt along with your paid statement and mail this information to you. This form can be found on our website. Please download and fax or mail back to:

Peninsula Equine Medical Center

Phone: (650) 854-3162 Fax: (650) 854-3658
PO Box 7297 Menlo Park, CA 94026

Please contact either Marion Prieto or Amanda Maffei with any billings questions you may have. They will be happy to help you. Thank you for your continued support of Peninsula Equine. We look forward to continuing our relationship with each of you and your horses!

Our Interns

As you know all too well, at this time every year we say sad Goodbyes to our "old" interns and welcome a new one!

Dr. Jessie Williams, will be leaving us towards the end of June to return to Oregon.



Dr. Sarah Currie, which we were privileged to keep for two years instead of one, will continue with us part-time and spend the rest of her time at the Humane Society!



Good luck to both of you and THANK YOU so very much!

Upcoming Events

06.01:
Dr. Bart Halsberghe arrives

06.07:
Spring Down Equestrian
Center Horse Show

06.15:
We welcome our new intern
Dr. Lauren Work
See our next newsletter!

Email us your events:
web@peneq.com

West Nile virus Update: May 22nd 2009 update

No cases of West Nile Virus in humans or horses for 2009 as of this time! However, early indications of WN activity are evident with 12 NEW positive mosquito pools detected this past week in southern California counties which had been previously negative. To date in 2009, there have been 38 positive mosquito pools in California (24 in Contra Costa and Santa Clara counties), hence the potential for transmission of WNV to humans and horses is beginning to rise. Now is the time to check that your horse's WN vaccination program is up to date and begin using insect repellent sprays on a regular basis. Over the past few years, West Nile virus has proven it can be a deadly threat to horses, but controlling mosquito populations by eliminating standing water, regional spraying, and other abatement procedures, in conjunction with vaccination has been VERY effective in "taking the bite out of WNV cases" !

Welcome Dr. Bart Halsberghe: starting at PEMC June 1st, 2009



I was born in Kortrijk, Belgium, where I spent most of my youth. It was at an early age that I was introduced into the world of horses. It soon became a passion, a passion I took over from my mother. I spent most of my weekends and vacations at the equestrian centre, where I started breaking and training horses for eventing. (in the photo, you see my horse "Nikay" & I; she is seventeen and semi-retired, I broke her as a 3 year old and did a lot of three day events with her). I quickly knew I wanted to become an equine veterinarian. I went to vet school at the university of Ghent, Belgium, where I graduated in 2003. As a young vet I wanted to work abroad to learn new things and see the world. First I worked in a mixed practice in England for a little over a year, after that I came

to the United States (Louisiana) where I worked in a racehorse practice for almost 4 years. Since vet school I always had an interest in lameness and diagnostics and the racehorse practice gave me the chance to develop and fine tune my skills in those areas. In my spare time I like to let off steam and there is no better sport than triathlon to do that. My biggest achievement in the sport was finishing the Ironman of the UK in 2005, an accomplishment that I am still proud off. My biggest support is my wife "Lien". She's from Belgium too and has followed me and supported me in everything I did. Recently we were blessed with a beautiful daughter "Sarah", who is three months old and our little angel.

Welcome Dr. Jim Nutt: starting at PEMC July 6th, 2009

Jim graduated from University of Pennsylvania Veterinary School in 2004, after completing his undergraduate studies at Cornell as a scholar-athlete on the Division 1 men's varsity soccer team. Jim then completed an internship at Hagyard Equine Medical Institute in Kentucky and then one at the University of Pennsylvania. He is currently at North Carolina State University College of Veterinary Medicine where he completed his large animal surgery residency. We are looking forward to welcoming Dr. Nutt as our new surgeon, merely days following the end of his contract! More on Dr. Nutt coming next month!

Tip of the Month: Keeping your horse hydrated at the horse show

- ✓ Make sure your horse has a constant supply of water & is drinking!
- ✓ Electrolytes: you can feed electrolytes to your horse in his feed, by paste or in a bucket of water. *Make sure your horse also has a bucket of water without electrolytes.*
- ✓ If your horse dislikes the taste of the show ground water, you can either bring water from home, or habituate him to drink water with a little bit of apple juice. The apple juice will mask the taste of the water at the show.
- ✓ If you think your horse is dehydrated, contact your veterinarian. Rehydration via nasogastric tube or IV fluids may be needed.